



THE WORLD IS
FILLED WITH NICE
PEOPLE, IF YOU
CAN'T FIND ONE
BE ONE.

WE NEED YOU !

We are looking for a new Editor. Are you a media, design, art or graphics student and would like to be involved with the production of THE DIARY. Also a great opportunity for your CV. Or perhaps you are a villager who would like to be involved and can use or are willing to learn how to use Publisher . If interested ring Brenda for a chat.



POP UP CAFE

In the VILLAGE HALL

Saturday September 4th
10am -12pm

Dietary requirements catered for

DOODLES & NOTES



Parish Council Report, Summer 2021

The Parish Council are continuing to convene on a regular basis and with changes on rules governing public meetings, we are meeting in the Village Hall and not via Zoom. Instead of using the Committee Room as before, we are now socially distanced and COVID secure in the Main Hall. We had our Annual Parish Meeting in May and I was re-elected as Chair and Cllr Lisle as Vice Chair. The various responsibilities are as before and are detailed on the back page of The Diary along with contact numbers. Cllr Daynes has also agreed to take on a new role as Waste and Environment Coordinator.

What progress has been made on the various issues around the parish I hear you ask? Not a great deal. We are continuing to press Balfour Beatty about the drainage problems around the bus stop and on St David's Rise that are causing understandable concern for residents but seem to be up against a brick wall on those issues at the moment. There are further concerns about the traffic calming measures which were originally scheduled for late 2019 and the funding that is now available. At the time of writing, we are awaiting clarification on this project, but no answers are forthcoming from officials at Hereford Council. However, by the time of publication, hopefully we will have met Jesse Norman MP and put our concerns to him directly in an attempt to get things moving. This was suggested by our Ward Councillor, David Summers as all other approaches do not seem to be working. There is an increasing exasperation on my part with both the Council and Balfour Beatty seeming to ignore our communications, and in most cases, I do not get any response at all.

On the positive side, our lengths man has put up some new stiles around the parish and installed a new dog waste bin in the Church car park. Thanks to Suzanne Lewis for donating that and to the PCC for giving us permission to place it there.

Hopefully by the Autumn, I can deliver a more upbeat assessment of the situation and report some progress on the problems that are affecting our community.

Phil Williams, Chair, Little Dewchurch Parish Council.



Little Dewchurch Village Hall

Summer is now here !

It would be great to be able to tell you all that we are now able to open to hall to everyone as it used to be before the current Coronavirus pandemic. Sadly though this is not the case. The hall, as was reported in a previous diary, has been equipped with hand sanitisers, sanitiser sprays, paper towels and other requirements as well as being registered with the Government and has a unique bar code for anyone attending an event at the hall for Covid track and Trace purposes.

The hall continues to be managed and maintained by the committee during these times ready to be fully open when allowed.

And so although unfortunately we are still unable to open the hall for general use it can now be booked for events where the organisers can follow and maintain the Covid restrictions.

If there is anyone that is considering hiring the hall, the booking secretary Sue Mason 01432 840845 would be pleased to hear from you. We will of course talk to all potential hirers about the hall and its current restrictions to make sure that any event can be held in a Covid secure way.

Andy Mann - secretary LDVH



Little Dewchurch Village Hall
Monday mornings/ Wednesday evenings
Zoom classes / private tuition

Flexibility, Strength, Posture

Booking essential please contact:

Alison Allan- 01432 840491

Mobile – 07947 011707

Email: alisonpilates2016@gmail.com



Trees on the Green

The recently planted hedge that will form the boundary to the Village Green is growing well. I would like to express my thanks to the local residents who've been busy watering, weeding, mulching and generally tending the young trees as they get established. Brenda Poynton has kindly provided an illustration of how the Green might look in a few years' time, with the hedge replacing the decaying fence, which itself has been 'kept going' through regular repairs by local people.

Two of the new individual trees are coniferous: **Abies nordmanniana (Nordmann Fir)** and **Abies koreana (Korean Fir)**. Each should form a fairly dense cone and we'll monitor their growth. It's likely that, in due course, the Korean fir will become our 'permanent' Christmas tree.

The three other new trees are deciduous, chosen to provide colour through much of the year and to thrive in that location. They are fairly small species and will be a source of pollen, nectar, fruit and leaves for a variety of insects, birds and small mammals. Along with the already established Oak in the centre of the green, they are:

Prunus padus 'Coloratus' – a pink flowering version of our native Bird Cherry. The cherries are enjoyed by various birds, as well as yellow-necked and wood mice.

Sorbus acuparia – Rowan, or Mountain Ash, whose orange-red berries are a rich source of autumn food for many birds, including the blackbird, mistle thrush, redstart, redwing, song thrush, fieldfare and waxwing.

Viburnum opulus - Guelder Rose. The flowers are especially attractive to hoverflies and the clusters of red berries are an important source of food for bullfinches and mistle thrushes, in particular.

The hedge plants themselves are all native and thornless and, besides forming an attractive boundary to our Green, they will provide welcome food and habitat for many animals. Species planted are **Wayfaring tree, Hazel, Field Maple, Spindle, Guelder rose and Dogwood**. These will be cut fairly low, to maintain the open aspect of the Green.

Tom Straker



Merrivale Farm



Well here we go again back on the farm. I think I left off the last entry where we had spread the poo from the wandering herd, and were very happy to have had a bit of frost so we could get onto the fields again. Well everything went very well for a couple of weeks but true to type, the weather turned against us again! After we had a good spell and planted all our spring crops in good time and feeling very pleased with ourselves, the frost just would not go away. I am beginning to sound like Jeremy Clarkson with his venture into farming but the weather is in charge in our job.

Germination was very slow for our cereal crops then it dried up with hot days and cold nights and the grass didn't like it either. We turned the animals out to grass but still had to feed hay and silage as the grass was slow to grow. The silage fields looked purple instead of green and there was little grass to harvest on our usual cutting date in early May so we left it. Then it rained and rained and rained. The grass liked this and it grew and grew and grew. We eventually cut silage at the end of May and had a bumper crop so ,fingers crossed, we will have lots to feed the animals on this winter, especially as we have had a reasonable second cut as well!

Ben has also planted a crop of fodder beet this year ,for the first time ,and that is looking good although there are a lot of weeds, so ,all in all ,we looking much better than we did this time last year. Let's hope the weather doesn't play any more tricks on us this year.

We have planted a few vegetables again this year. You may have seen them in the field as you enter the village. There are lots of greens, leeks ,onions, celeriac, carrots, parsnips, to mention a few ,but again ,due to the weather , we are a few weeks behind last year's harvesting time.

We hope to be selling the vegetables to you all from our Little Wooden Shop On The Farm when it is finished but in the meantime if you need vegetables please get in touch!

Progress is being made with the milk vending enterprise. We have built the room to house the pasteurising equipment which needs to be fitted out yet and the building to house the vending machine is under construction, so not long now if we can get the various tradesmen here to complete the job!

If you have access to the internet you can visit our younger members of the family to see what's going on at Merrivale. They are on YouTube under farminshire so give it a like!

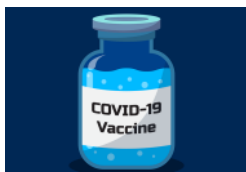
That's about it for now, and keep an eye on the weather.



Little Dewchurch Health and Well-being

We are now in the final stages of lifting the COVID-19 lock down, however with rise of the Delta Variant this was delayed. If you are interested in looking at the data for Herefordshire then it's worth a read on [herefordshire.gov.uk](https://www.herefordshire.gov.uk) site. You will also see helpful information not only relating to COVID-19 but about keeping well and healthy.

Vaccinations, Vaccinations, Vaccinations



If you have not already received your COVID-19 vaccination, please sign up and book your two appointments with NHS England. I cannot stress enough how important it is not only for yourself but your family and friends around you. You will have

seen in recent press that some folk who have contracted the Delta variant had not been vaccinated. This particular variant is very contagious and has a short incubation period, so please stay extra vigilant - Hands, Face, Space and Fresh Air. Continuing following this guidance will help us all stay healthy.

Summer - stay hydrated, stay protected!

Thankfully, we have some sun at last hurrah!

But beware, as much as we need to soak up the rays to top up our vitamin D, we also need to ensure we are drinking plenty of fluid - good old fashioned "Adams Ale" - water! Plus making sure we are applying plenty of sun screen to protect our skin. Especially important if you are young and our more mature age group.



Vitamin D

The body makes vitamin D when it is exposed to Ultraviolet (UV) rays from the sun.

FOOD SOURCES:

- Cheese
- Margarine
- Butter
- Fortified Milk
- Healthy Cereals
- Fatty Fish



Little Dewchurch Hub Update Jo Hawthorne 01432 840800

Hello, hope you are keeping well and your spirits up as we move along the Government's Road Map. It certainly has been another trying time. From the Hub it has been relatively quiet, with regular medications being collected and delivered. We have continued to have a core group of wonderful volunteers who are always eager to help. So please don't forget we are here if you need some support, someone to chat to or a trip to a medical appointment. Just call..... the Hub is long term not just for COVID-19! I am now working full time from home, so just leave me a message on my answer phone.



Stay Safe Lovely hot weather makes us want to have fresh air throughout our homes, but remember leaving your front or back door open, leaves you vulnerable to unwanted folk popping in uninvited. Better to leave your doors on a safety chain.

Just recently there has been an increase in "cold calling" on phone, these scams will happily rob you of money. So just put the phone down, kill the call and do not give anyone any of your personal information. Banks, the Police, Building Societies and internet providers do not contact you by phone wanting your personal information. If you are worried call 101.



Although restrictions have been eased somewhat, our village Hub continues to be quite busy. We are still collecting and delivering prescriptions from Much Birch Surgery and also taking people to and from varying appointments. After scrubs washing bags, face masks, headbands, scrubs hats, memento bags, our sewing machines have been busy once again this time with syringe driver bags. These bags are vital in order that a hospice patient can remain ambulant whilst receiving vital drugs. Even in bed, having a somewhat bulky piece of equipment tucked away in a padded bag, makes it much more comfortable for the patient.

Hi all.

Well, after the latest news on lifting restrictions, the **Pop Up Cafe** will be back on **Saturday September 4th 10am -12pm** in the **Little Dewchurch Village Hall**.

All being well, it will run as it did pre-covid times with more freedom and opportunity to catch up properly with friends and family after what has been the longest time ever. Please feel free to share with

everyone you know as it'd be great to see new faces as well as the old and dedicated familiars, enjoying lots of fresh, homemade cakes..... And lots of tea and coffee drinking to be done of course!!

It will also be lovely to have the 'Flicks in the Sticks' committee there to give you details on when they show films and suggestions on ones that they will be showing in the future.

I'm really excited to be able to start it up again and I hope as many people as possible can make a return to the cafe. It will be fabulous to see you all again.



POP UP CAFE

In the VILLAGE HALL



Saturday September 4th 10am -12pm

Dietary requirements catered for

St. David's Church Update

Hi Everyone, we are continuing to have a monthly service at St. David's church - at 11.00 a.m. on the second Sunday of the month (August 8th and September 12th). As the COVID-19 regulations have eased, we will be singing in the services. However, we realise that not everyone will feel comfortable without a mask, so if you want to wear a mask during the services, you are very welcome. Hand sanitiser will also be available.

As you can imagine, the church has faced a few challenges in recent times, with the retirement of Revd Peter and some uncertainty over who would be looking



after the parish. We have now come to an arrangement where Revd Mark will be taking services, doing weddings, funerals and Christenings, for the foreseeable future while we think about the bigger picture!

You can ring Revd Mark on **01981 540390** or email **revmark100@yahoo.co.uk**

We will be holding a harvest service in October, more details closer to the time!

Little Dewchurch Social Committee

Well, I don't like to say it but there isn't really very much to report this year. Normally my summer bulletin would be full of our plans for the forthcoming year and I'm always very excited to share these ideas with you. However, on a more positive note, as we now have our so called "path out of lockdown" I am REALLY hoping that I will be able to convene a meeting of our committee in the next few months with a view to at least putting a few events in the calendar for later in 2021.

We are always trying to think of ever creative ideas for a socially distanced event, so if you have any suggestions then do get in touch with me or any member of the committee.

Have a good Summer.

Meg Bailey (Chair LDSC) megbailey57@gmail.com



We have quality beef available direct from our farm in
Little Birch to your doorstep.

The Wagyu breed is known for its beautiful marbling which
gives a delicious flavour and texture to the meat.

The beef is available in mixed boxes or in individual joints &
packs. We offer free local delivery with no contact necessary
through BACS payments. Cash and cheques are also accepted.
Contact Lucy for more information on **07974 053804**

lucymason@hotmail.com

PROFESSIONAL FRUIT TREE PRUNING



*(solely pruning fruit trees
for over a decade)*

APPLE & PEARS
PRUNED OCT-APRIL
PLUMS & OTHER STONE
FRUIT WHEN IN LEAF

Lessons can also be given

NIGEL PAYNE

01432 840 476/07816 130 934

nudgepayne@hotmail.com
www.fruittreepruning.co.uk
No job too small

A word on foraging. Please make sure that you identify your plant correctly before picking. Don't pick it all, leave some for others, the insects and the birds and the plant needs something to grow back again next year.



Honeysuckle Sorbet -

Adele Nozedar The Hedgerow Handbook

You must try this and if at all possible keep some on the freezer to make you smile in the winter months. Pick the blossoms on a hot day when the sun has been on the flowers for a few hours.

Serves 2

- 283g fresh honeysuckle blossoms, tightly packed but not crushed
- Just under 500ml of cool water
- Small pinch of all spice

Syrup

- 127g sugar
- 167ml water
- 0.25 tsp fresh lemon juice
- All spice or cinnamon powder

Put the flowers in a large bowl, add the cool water, cover and leave to stand overnight.

To make the syrup, put the sugar and the water into a heavy bottomed pan and stir over a low heat until the sugar has dissolved. Bring to the boil, and boil for a couple of minutes to thicken into a syrup. Turn off the heat and add the lemon juice. Leave to cool.

Strain the water from the flowers into a jug, squeezing every last drop of juice out of them. Add the infusion to the syrup with a small pinch of the spice you prefer. Pour the mixture into an ice cream maker, if you have one.

Otherwise, freeze the mixture in a glass dish for an hour or so, then mash up with a fork, and return to the freezer. Repeat twice more. Next blend with a hand blender so that it looks like snow then return to the freezer for about half an hour or so. Take out and leave to stand for a couple of minutes before serving

Garnish with honeysuckle blossom and mint leaves.

Ali Sherlock

Flix in the Stix

Hello film lovers.

The Little Dewchurch Flix in the Stix Committee is delighted to tell you that after a break of more than 18 months, we have planned our Autumn programme for 2021.

You will notice a few “Covid secure” changes to how we will operate within the village hall, but by and large we think that these might actually enhance your enjoyment of the films.

We will be sending out film information as usual to those people already on our mailing list. If you would like to be added to this list then please contact Jan Bailey at janaj.bailey@sky.com. There will be a reminder on Facebook nearer the time and my trusty notice boards will be placed around the Green the week before (for those of us who are not Zuckerberg fans!!).

So dates and films for your diaries.

17th September: Amonite

15th October: Minari

12th November: The Dig

10th December : Knives Out

Sunday 2nd January 2022
Children's late afternoon matinee
(TBA)

Village Hall opens at 7pm

The film starting at 7.30pm.

We are very much looking forward to resuming our monthly screenings and of course to welcome you all back to the village cinema.





Tel: 01432 8400542

*Ensuite Rooms Available, camp site,,
Beer Garden & Dogs welcome*

With the restrictions slowly being lifted on COVID, the Plough Inn is planning ahead. We appreciate the support we have had during this challenging time for everyone and it has been our bedrooms and camping that has kept us afloat. We now need your support and wisdom, so pop in for a chat at the bar with your ideas. We will really look forward to welcoming all of our customers, both old and new, Steph & Dean

Come and see us when we open

MUCH BIRCH SURGERY

Reception Tel: 01981 540310

Dispensary Repeat Line: Tel: 01981 541167: 11am—1pm

Access to appointments

If the GP has requested an appointment with you, they will determine its urgency and inform the receptionists. If you require a medication review and it is not booked before your medication runs out, you will not go without. The GP will be happy to issue another prescription if they can see an appointment in the diary. Please rest assured that everyone is working extremely hard to maintain services and prioritise access to GP's and nurses..

Prescription requests should be made online or by dropping your repeat slip into the post box at the front of the building. You can use the NHS App on your mobile for easy access to repeat prescriptions. For assistance in setting this up please speak to a member of the dispensary or email dispensary.muchbirch@nhs.net

Facebook and website. We have a **Much Birch Surgery Patient Information** page on Facebook. Join this or see our website to keep up to date with current information. www.muchbirchsurgery.co.uk

What is Messy Church?



Messy Church is a form of church for children and adults that typically includes: -

- **Creativity**

Messy Church uses hands-on activities to explore Bible stories, to reflect a God of creativity and to give people a chance to play together.

- **Celebration**

Messy Church reflects a God of joy who wants his people to have life in all its fullness.

- **Christ Centred**

Messy Church is a church that helps people encounter Jesus as Lord and Saviour. Messy Church is part of The Bible Reading Fellowship (BRF), which believe, with historic churches, in one God, who is Father, Son and Holy Spirit. Its aim is to introduce Jesus, to give an opportunity to encounter him and to grow closer to him.

- **Hospitality**

Messy Churches everywhere offer a warm welcome to everyone who wants to join in. They mirror the hospitality of Jesus himself in the way he went out to people, welcomed everyone, young and old, provided food for the hungry and enjoyed the food others provided.

- **Everyone**

All-age is shorthand for being a church for everybody, welcoming all ages, abilities, learning preferences, backgrounds, levels of interest in God, spiritual styles. All are welcome: single, widowed, childless, divorced. Church is inclusive, not exclusive. Messy Church is primarily for people who do not already belong to another form of church, but all are welcome. It meets at a time (and sometimes in a place) that suits people who do not already belong to church. Messy Church models and promotes good ways of growing as a family: a nuclear family, an extended family, and a global and local church family. Messy Church is resourced, supported, and enabled by Bible Reading Fellowship, local churches and donations from the families that join us.

Messy Church is not...

- **a club** - The whole of Messy Church is about worshipping God, having fellowship, exploring faith matters. It welcomes everyone, involves everyone, values everyone, is always there for the outsider. It is a church.
- **a way of getting people to come to church on Sunday** - There are examples of people starting in Messy Church and deciding to join Sunday church as well, but these are the exception rather than the rule. Messy Church is interdependent with established churches and operates in conjunction with parishes in Ross and Archenfield Deanery.
- **just for church families.**
- **An after-school club** – all children must be accompanied by an adult. It is a church for all to come and worship together.

RJP Stove Services

Stove Fitting and
services.

HETAS
registered



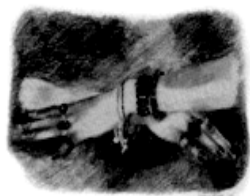
Richard Price

Tel: 01432 840995

mobile: 07846113954

Email:

richieprice@yahoo.co.uk



HEREFORD GOLD

MANUFACTURERS, WHOLESALERS & RETAILERS
OF GOLD & SILVER JEWELLERY

**Hereford's Largest Stockist of Gold,
Platinum, Palladium,
Silver Jewellery. Over 3,000 Rings to
choose from. Over 2,000 pairs of
earrings. Visit Hereford Gold
opposite the Bus Station on
Commercial Road.: 01432 359514**



GOOD NEWS!

With the Government Road plan for easing covid-19 restrictions hopefully going to plan, we will let you know about starting back again in the Village Hall after the summer holidays.

Messy Church is now happening in many places around the UK. It is a different way for families to experience and learn about God together. It consists of games, craft activities, songs, Bible stories, prayers and a meal together. Before September we plan to have an Outdoors Summer Special on Wednesday afternoon August 11th.

We will post more information about this on the LD village Facebook page and the LD Messy Church page. We will also let you about starting back in the Village Hall as soon as we have decided what to do.

HOWEVER, we can only re-start if we have more helpers! We particularly need people who can supervise creative activities, help in the kitchen, welcome those who come and clear up. If you would like to join our team please let us know by emailing

peter.houghton@kcl.ac.uk,
texting 07734747688 or phoning
01432840443.

Please also let us know if you prefer to have Messy Church on a Tuesday or Wednesday (3:30-6pm).

Meanwhile, here are some activities that you and your children might like to do. It is based on the Bible story found in Mark 5:21-43.

<https://www.messychurch.org.uk/sites/default/files/uploads/pdf/Messy%20Church%20at%20home%20-%20June.pdf>



CRESCENDUM

EASY, FRIENDLY,
IT TRAINING

www.crescendum.co.uk



Ali Sherlock
ali@crescendum.co.uk

07836 50 47 49



HELP KEEP OUR HALL COVID-19 SECURE

1. You must not enter if you or anyone in your household has COVID-19 symptoms.
2. If you develop COVID-19 symptoms within 48 hours of visiting these premises, alert NHS Test and Trace. Alert the Hall Bookings secretary on 01432 840845 and alert the organiser of the activity you attended. You must get a COVID-19 test.
3. Maintain 2 metres social distancing as far as possible. Wait behind any marked lines as you go through the entrance hall to your activity and observe any one-way system marked.
4. Use the hand sanitiser provided on entering the premises and also available at exits from main hall. Clean your hands often. Soap and paper towels are provided. Avoid touching your face, nose, or eyes. Clean your hands if you do.
5. "Catch it, Bin it, Kill it". Tissues should be disposed of into one of the rubbish bags provided. Then wash your hands.
6. Face coverings must be worn unless an exception applies for your activity.
7. Check the organisers of your activity have cleaned door handles, tables, other equipment, sinks and surfaces before you arrived. Keep them clean. We cannot clean all surfaces at the hall between each hire.
8. Take turns to use confined spaces such as corridors, kitchen and toilet areas. Standing or sitting next to someone is lower risk than opposite them. Briefly passing another person in a confined space is low risk.
9. Keep the Hall well ventilated. Close doors and windows on leaving.
10. Wash your clothes when you get home to reduce risk of transmission.
11. Toilets. Only the disabled toilet is available for use. The normal Gents and Ladies are closed. Please wipe down the sink and tap after use.
12. We look forward to being able to bring the Hall back to full use, but until then if you can support the various activities that will be starting in September, we would love to see you.

Andrew Mann - Secretary LDVH Booking Tel: 01432 840845



Flowers – more than just pretty

MEADOWSWEET –

part of the aspirin story

Meadowsweet *Filipendula ulmaria*, with its heads of small creamy-white flowers is a common sight on roadsides and in damp ditches in high summer. Formerly it was known scientifically as *Spiraea ulmaria* (see below for the importance of this fact!).

What's in a name?

'Meadowsweet' is thought to derive from the use of the flowers and leaves in times past for fla-

vouring mead, rather than anything to do with meadows.

The flowers are rich in fragrant nectar and can be used for flavouring stewed fruits such as gooseberries. They can also be incorporated into homemade icecream to give a delicate honeylike taste.

A tea made from the leaves is said to be a refreshing drink whilst the flowers and leaves soaked in claret have a reputation of being a fine aperitif.

Traditional medicinal uses

The use of Meadowsweet flowers and leaves boiled in water, or used as a poultice, has a long history in Britain and northern Europe for the treatment of rheumatism and joint pain, as well as to prevent stomach ulcers and treat diarrhoea. It is interesting that the bark of a completely unrelated group of plants, the willows (*Salix* species), were also used traditionally in Britain as antirheumatics, and this is explained by scientific findings that both they and meadowsweet contain very similar chemicals called salicylates (from the scientific name for willow), which reduce inflammation.

The salicylates are easily converted to salicylic acid (in German 'spirsauere'), which in that part of Europe was most easily obtained from meadowsweet, rather than the willow species used in Britain. The German name was the basis of the former scientific name of meadowsweet *Spiraea ulmaria*. Salicylic acid was one of the first pure compounds obtained from plants to be used in pharmacy and in the mid-part of the nineteenth century was used with some success to treat painful joints and muscles. Unfortunately it has a very unpleasant taste and often caused nausea and vomiting in those unfortunate patients given it as a medicine, but it clearly improved their condition, and widespread use showed that it considerably reduced the high temperatures associated with fever.

Synthetic compounds based on salicylic acid, the natural 'active ingredient'

Because of the undesirable aspects of salicylic acid, at the end of the nineteenth century chemists in Germany, which was then the leading European centre for chemistry, made derivatives of salicylic acid which retained the useful properties of reducing swelling and pain in rheumatic conditions, but did not have such a bad taste or made patients feel sick. A chemical company F. Bayer scored a success by making acetylsalicylic acid, synthesised Hoffmann, who gave it the German name 'A-spirsaure'. As well as the desired properties, it had a bonus of also being found to be a good reliever of pain. Hoffmann and another scientist Eichengrün did much research and testing and their efforts resulted in Bayer marketing this compound, calling it 'Aspirin'.

It was promoted intensely and shown to be so effective that it quickly became, and still remains over 100 years later, one of the most well-known and most widely used of all medicines.

Politics rears its ugly head

The man who eventually wrote up the trials carried out on aspirin gave little indication of the immense contribution of Hoffmann and Eichengrün and his document was kept secret by Bayer company until 1933. At this time the Nazis were in power and the fact that Hoffmann was Jewish meant that his being the discoverer of aspirin was omitted from the written story; it was not until 1949 that Eichengrün set the record straight in a paper which celebrated 50 years of aspirin.

So a story of how meadowsweet contributed to the discovery of arguably the best-known medicine concludes on the rather depressing note that human prejudice can affect and play down noble scientific endeavour. However, it is good that Hofmann eventually got the recognition he deserved for such an important discovery.

NB Note that the common understanding that ‘aspirin comes from willow’ is not strictly true! It is not found in nature, but has to be made from the salicylates found naturally!



**BOOK SWAP
is
OPEN**



Even with information on the proposed road map out from the Covid-19 lockdown, we are unable to confirm when many of our Village Clubs and Community events will take place. So please remember to check on line, on the village Facebook “Little Dewchurch Village”, on the Village Web Page, posters at the Village Community Board outside the Village hall carpark, for updates regarding the re-commencement of the groups and social events around the village. We do look forward to meeting the many new residents of our village who have moved here during the past year. Please remember to update your neighbours of any news while saying hello and checking that they are keeping well. Our Village Hub continues to assist with requests. If you would you like any help, feel a little lonely and would like to chat, get in touch. No request too big or too small. Can you offer a little time to help our village volunteers?

TEL: 01432 840800

EMAIL: LDHub@mail.com



A small and intimate nursery with a family ethos where children are cared for in a safe nurturing environment. Please contact Claire for more information 07779608424

Email:

cutandpastechildcare@yahoo.co.uk
www.cutandpastechildcare.co.uk

Term time:

Monday – Friday, 8.30am-4pm
Web Tree Avenue, Hereford

**JOHN A PRITCHARD
& SON**

**FAMILY BUTCHER
Fownhope**

Free home delivery
service in your area
on Friday

**Tel: 01432 860236
to place orders**

WYE BATHROOMS

Local family run company
Design & installation of
Bathrooms & shower rooms
Floor and wall tiles

We are also Registered
with NIC-EIC for all your
electrical work

Call Paul for free quotation

07894 - 563897



Bee Off!

Live Honey Bee Removal & Relocation



Tel: 01432 840 855 Mob: 07788 418 998 Email: info@bee-off.co.uk

Here at **Bee-Off!** we work together to ensure **Honey Bees** are removed safely and relocated elsewhere where they can carry on with their vital work in a much safer environment. In recent years, whilst working in my own Pest Control business I have been asked about live removal of established **Honey Bee** colonies, so with this in mind I decided to start up **Bee-Off! Live Honeybee Removal and Relocation.**

Honey Bees are some of the hardest working creatures on the planet, and because of their laborious work ethic, we owe many thanks to this amazing, yet often under appreciated insect. Bees are perfectly adapted to pollinate, helping plants grow, breed and produce food. They do so by transferring pollen between flowering plants and so keep the cycle of life turning. We need to save the Bees as they play a crucial role in our ecosystem.

Pest Off!

Pest Control Services



Pest Off! is a small family business run by Anita Ripley-Salmon, a fully qualified and insured female member of the Royal Society of Health.

Based in Hoarwithy near Ross-on-Wye, we have over 15 years experience and can offer a discreet, efficient and friendly service, which is fast and reliable. Domestic, Commercial and Agricultural.

We can provide a range of services to eradicate and control all pests including:

Rats, Mice, Moles, Rabbits, Squirrels, Mink, Magpies, Crows, Pigeons, Wasps, Hornets, Harlequin Ladybirds, Ants, Moths, Fleas, Bedbugs, Cluster Flies, Carpet Beetles and Case Bearing Moths.

'IF YOU'VE GOT A PEST, CALL THE BEST'



Tel: 01432 840 855 Mob: 07788 418 998
Email: info@pestoffservices.co.uk
www.pestoffservices.co.uk

Anita Ripley-Salmon, "Wildwood"
Ballingham Road, Hoarwithy
Hereford, HR2 6QG

New! We are now offering a Specialist Deep Clean Disinfection & Decontamination Service for Coronavirus Covid-19.

Unit 1 The Laurels Farm
Webton Court Lane
Kingstone
Hereford, HR2 9NF
**Repairs, Servicing, Mot's. Cars, Vans
and 4x4's.**

C R AUTO SERVICES

07980669121

Chris Roat

crautoservices@yahoo.co.uk



**MOT's
&
Servicing available for all
makes and models,
competitive tyre prices,
cambelt replacements,
air conditioning services &
recovery available**

**Free collection & delivery
available for our LD Villagers**



**Follow us on Facebook -
CR AUTO SERVICES**

If you spot someone fly-tipping:

- Make a note of any vehicle used, including model, colour and registration number. If it is safe to do so without being seen, take a photograph or video of the activity.
- Note the fly tippers' clothes, and distinguishing features. If you can hear the fly tippers, take note of anything which was said along with the speakers' accents.
- Make a note of what they dumped, the location, weather conditions and how far away you were at the time.

REPORT ONLINE TO

**[www.herefordshire.gov.uk/
report-fly-tipping](http://www.herefordshire.gov.uk/report-fly-tipping)**

The maximum penalty for fly tipping is a £50,000 fine and/or 5 years imprisonment.

Never touch any waste which has been dumped. It may be hazardous and contain harmful substances, chemicals, glass or needles. There may also be clues which could help identify the perpetrator, so please treat the waste as a crime scene. We may ask you to provide a witness statement and supply any photographs or notes you have in your possession.

A range of other sanctions are also available against fly tippers. These include warnings, formal cautions, prosecution, vehicle seizures and injunctions. Offenders may also have to pay investigation, clean up and vehicle recovery costs, along with legal fees. If you carry waste without a Waste Carrier's Registration Certificate, you may be arrested and have your vehicle seized.

OVEN & RANGE CLEANING

TEL: 01989 750121

Email: info@ovenandrangecleaning.co.uk

Oven & Range Cleaning can restore your oven, aga/range, and appliances to a sparkling polished finish, giving them pride of place in your kitchen
– the heart of any home.

**THE SYSTEM
100 % BIODEGRADABLE
AND NON-CAUSTIC PRODUCTS**

We are proud to be your local independent and Professional kitchen appliance and oven cleaning company.
Check out our Website: www.ovenandrangecleaning.co.uk

Our local deliveries continue and all our local retailers are well stocked with small bags of logs, kindling and Flamers natural firelighters. Don't forget that as we move into summer you will need dry logs for those chimeneas, firepits and pizza ovens. We have fantastic Flamers natural firelighters for lighting the fires and barbecues – made from natural wood wool, dipped in wax, easy to light and odourless .

KILN DRIED LOGS



100% British hardwood

Below 20% moisture content, maximum heat output

FREE crane delivery within 40 mile radius of HR2 9JJ, 1hr time slots

Multi bag discounts & community buy scheme

★ For best deals, order from our local website: local.certainlywood.co.uk ★

Tel: 01981 251796 | Certainly Wood, Lower Lulham, Hereford, HR2 9JJ



WARNER BATHROOMS

Bespoke bathrooms

Wet Room Installations

**En-suites designed
and built**

**Complete
works from
concept to
completion**

**Professional
Tiling service**

**Contact Matthew or
Jacqui for a free Quota-
tion**

Harewood End: 01989 730423

Mobile: 07967 239 188



@warnerbathrooms

mwarnerplumbing@yahoo.co.uk

www.warnerbathrooms.co.uk

Summer Quiz

X Q S H W X N W B A Y B E H T A B N U S U A T I
 I I W E Y A Z I U B D G T X J Z S C B S V U W S
 P E I F L K T C R X L F L A Z B W B W J T Y S U
 W I M Y I J B E L M J P B L B O O O E M O K Y N
 Q P M F D V L C R F Y M W J W Y C U S A V K S C
 Y I I A N R K R E M S D X R U E G M M T C C K R
 P R N D D T D E K B E V S S T I R U X T R H E E
 R I G Z Q A N A E P T L S C F Z I G H L Z U E A
 I U P E S N L M U U K D O E U N P Z O M Z F F M
 S Q O E L P S O T Q Q W G N B B I S L M L M I J
 K I O R F Q T U C M L E I G F E T R I E T A L Z
 R A L V Y Z N F N A W P B O X J I W D A S S P Q
 A D B R N W I I E S N S L R Q C M N A C A A K C
 P Y E Z N A B U U Z H I X V A P W J Y V R D X X
 Q R L F C M O Z M C E I P B H B L F S T B S X S
 U R H L P Q U N Q G T O N T W E L U Y J Q Q X U
 W E H I W S C E J J U L S E B R U N C F W B U R
 V B S L A V I T S E F U C A M I V F F C E C P F
 I W P X H A M L M O G T J V Q B K B J K H T D D
 D A G B X O Y K T U E D N P R O Y E Y G V V Q A
 J R E C G L I I A C O V R O K F E L S Q J B E F
 L T F B U H J R S E S S A L G N U S A M G A S E
 O S Q J A O N Y M U C Q O A U S M T X Z F P A D
 D G M Q M S Z N Z O V Z Y J M B Z J A O N R N A

Sunglasses Watermelon Bikes June July August Parks Festivals Swimming pool
 Sunbathe Barbeque Ice cream Fun Party Holidays Pina Colada Strawberry daiquiri
 Suncream Sunshine Beach Mojito

SRS SERVICES 07526728616

From replacing a tap washer to fixing a fence any job that needs to be done just give me a ring!

Grind 'N' Shine

- Alloy wheel refurbishing / customizing
- Local body and bumper paint repairs
- Cylinder head porting and polishing
- Custom painting
- Parts restoration

01432 266 549
07815 783 844
www.grindnshine.co.uk



Garden Solutions

Garden Maintenance, Pruning, Hedge Cutting,
Fencing, Tree Surgery, Turfing, Shed Bases, Small Patios.

Over 20 years' experience in the Hereford area.

Peter Hill Landscapes
Tel: 01432 870525 (Dinedor)



ALLANGAS & OIL

- ♦ Oil Installation and Servicing
- ♦ Boiler Specialist
- ♦ Landlord Inspections
- ♦ Heating Installations
- ♦ All aspects of domestic gas
- ♦ LPG and plumbing
- ♦ Ex British Gas engineer
- ♦ Over 21 years experience



Steven Allan

Oftec Reg No: C12495

Gas Safe Reg No: 188939

T: 01432 840491

M: 07761646635



WALKING FOOTBALL FOR ALL

STARTING MONDAY 28TH JUNE



EVERY MONDAY 5.00-6.00PM

@ HEREFORDSHIRE FA, WIDEMARSH COMMON, HEREFORD, HR4 9NA

WHAT IS THE COST?

FREE!

WHAT IS WALKING FOOTBALL?

GREAT WAY TO KEEP FIT &
HEALTHY

BEING INVOLVED IN A RELAXED
& SOCIAL ENVIRONMENT

ENGAGE WITH LIKE MINDED
PEOPLE

DONT NEED TO HAVE PLAYED
FOOTBALL BEFORE TO ENJOY
THIS FORMAT



FOR MORE DETAILS CONTACT US AT
SCOTT.RUSSELL@HEREFORDSHIREFA.COM
01432 342179



HEREFORDSHIREFA.COM

HEREFORDSHIRE-MIND.ORG.UK



HMMHGROUP1@GMAIL.COM



@ HEREFORDSHIREFA

@HFDshireMIND



THE COTTAGE OF CONTENT



Lunch Bar Snacks / Specials
Board / Evening: A la carte

**All our food is
locally sourced and
freshly prepared**

Bookings by phone :
TEL: 01432 840242

Salade Niçoise—A good Summer salad

Ingredients

- 8 new potatoes
- 50g green beans (or a small handful), trimmed and halved
- 3 eggs
- 2 Little Gem lettuces , quartered
- 50g pitted black olives
- 2 medium tomatoes (plum are good), quartered
- 145g can tuna in olive oil, drained, oil reserved (see below)



For the dressing

½ garlic clove / 1 anchovy fillet (optional) / 1 tbsp Dijon mustard
2 tbsp red wine vinegar / 4 tbsp reserved olive oil from the tuna can, (if needed)

Method

STEP 1: To make the dressing, mash the garlic and anchovy, if using, with a small pinch of salt on a board using the blade of a large knife, or in a pestle and mortar. Combine the paste with the mustard and vinegar, then slowly stir in the tuna oil. Set aside.

STEP 2: Tip the new potatoes into a large pan of cold salted water, ensuring they're well covered. Bring to the boil, then reduce the heat to a simmer. Add the beans and cook for 5 mins, then remove with a slotted spoon and immediately plunge into a bowl of iced water to cool. Cook the potatoes for another 5 mins until tender, then drain and leave to cool. When cool enough to handle, halve or quarter them, and toss in a large bowl with 1 tbsp of the dressing. Leave to cool completely.

STEP 3: Meanwhile, cook the eggs in a second pan of simmering water for 7½ mins, then transfer to a bowl of iced water to cool. Drain the beans and eggs, then peel and halve the eggs.

STEP 4: Tip the lettuce quarters, cooked beans and olives into the bowl with the potatoes. Add most of the remaining dressing and gently toss. Divide the salad between two bowls, and top with the tomatoes and eggs. Flake over the tuna, then drizzle with the rest of the dressing and season.

Mrs A M Wright



Clerk to the Parish council

Longfield house, Gooses Foot, Kingstone

Herefordshire HR29NE

TEL: 019810250860

EMAIL: parish.clerk@littledewchurch.org.uk

LITTLE DEWCHURCH PARISH COUNCIL CONTACT DETAILS

Cllr Phil Williams

Chair, Footpath Officer, Press Officer

Tel: 01432 840716 Mobile: 07813 722696

Email: philip.williams43@btopenworld.com

Cllr Jane Lisle

Vice Chair, Highways, Website Editor & Lengthsman Co-ordinator, Facebook Link

Tel: 01432 840585

E mail: janelisle@hotmail.com

Cllr Bob Mason

Playing Field & Local farming

Tel: 01432 840845 Mobile: 07771 574490

Email: trebor141@hotmail.com

Cllr Tom Straker

Tree Warden & Link to Primary School

Tel: 01432 840955 Mob: 07803723592

Email: tom.straker@myphone.coop

Cllr Sue Daynes

Over 60'sLink, Waste and Environment Co-ordinator

Tel: 07496799436

Email: sue.daynes@yahoo.co.uk

Email florin_tatoi@yahoo.co.uk

Cllr Florin Tatoi Cllr Jo Hawthorne

(Health & Well Being)

Tel. 01432840800 Mob: 07761612204

Email hawthornejjpr@btinternet.com

Parish Council Website is: <http://www.littledewchurch.org.uk>

Parish Clerk and Responsible Financial Officer: Mrs Alison Wright, CiLCA, can be contacted at the address details at the head of this notice.

Diary Editors:

Brenda Poynton

840228 (Editor)

Ali Sherlock

840428 (Accounts)

Tom Straker

840955 Jo Hawthorne 840800

Andy Mann

840538 Hal Baptist 840802

Diary email:

LittleDDiary@gmail.com

Advertising:

Full page-£20: 1/2 page-£10: 1/4 page-£5
(per quarterly edition)

Village Hall

01432 840845

St David's Church::

01432 353717

Parish Council Website

<http://www.littledewchurch.org.uk>

Village Facebook:

Little Dewchurch Village Group

Village FB Buy & Sell:

Little Dewchurch Village freebie/Selling group

ITS SUMMER— CHILDREN PLAYING

Many villagers have raised concerns over the apparent speed of motorists travelling both into and through the village.

The Parish council has been engaged over the last 2 years in discussions with Herefordshire Council about undertaking safety works in the village on the roads in an attempt to make them safer.

Along with the Herefordshire Council ward Councillor David Summers the Parish Council are continuing to press for the safety improvements to be carried out.

A recent road survey, March 2021, looking at speeds of vehicles entering the village from both directions, Ross on Wye and Hereford, has shown that over 23% of vehicles are exceeding the posted limit of 30mph with some vehicles well in excess of 30mph. Although the survey did not differentiate between vehicles passing through the village and vehicles driven by villagers it is likely that some villagers are also exceeding the posted speed limit.

Clearly from the results of the survey, it is not acceptable to have such a high percentage of vehicles travelling in excess of the speed limits. The dangers of driving at excessive speed in terms of injury to people in collisions is well known and all drivers have a responsibility to drive not only in accordance with the speed restrictions in place but at a speed suitable for the road conditions which may well be less than the speed limit posted.

The village has in the middle a crossroads which, particularly during school term time, is a very busy thoroughfare for children and their parents crossing the road to get to and from school. This junction is also particularly awkward for vehicles to negotiate due to the very poor visibility.

It would appear that many drivers are only reducing their speeds when they are confronted by the auto signs telling them to slow down as they approach the village centre.



All drivers will be aware that the speed restriction START at the signs and not at any of the auto signs. The driver of any vehicle that is in excess of 30mph after the 30mph sign **IS BREAKING THE LAW** and risking a fine as well as points on their licence. There is no allowance when passing the signs for slowing down to the posted limit



For the safety of everyone please check that if you are a driver you keep to or below if necessary the speed limit.

